



## TEAM ARMY BIO

On March 27, 2021, Corine Hamilton faced a life-altering event when she sustained a spinal cord injury that left her paralyzed. This traumatic incident plunged her into a deep depression, as she grappled with the sudden changes to her life. However, her outlook began to shift after arriving at Walter Reed's Support Recovery Unit, where she was introduced to adaptive sports.

Adaptive sports not only rejuvenated Corine's physical and mental health but also provided her with a renewed sense of purpose. Being surrounded by fellow soldiers who shared similar experiences, she felt embraced by a community that understood her struggles intimately. This supportive network played a crucial role in her recovery and integration back into an active life.

Corine participated in the 2022 Warrior Games and the 2023 Invictus Games, finding each event to be a profoundly gratifying experience that contributed to her rehabilitation and personal growth. She extends her deepest gratitude to God for daily strength, and to her mother, family, and close friends, whose unwavering support has been a cornerstone of her journey.



Full Name

Corine Hamilton

Preferred Name

Corine

Rank/Abbreviation

Specialist/SPC

Service Branch

Veteran

Injury or Illness

Spinal Cord Injury

Hometown (City, State)

Tampa, FL

Current Location/SRU

Tampa, FL

## MEDIA CONTACT

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